



Week of September 16 - September 22

Mayfield's Cafe
Missouri Baptist Medical Center

Hours of Operation
 Mon-Sun 6am-midnight
 Closed from 10:00am-10:30am &
 3:30pm-4:00pm

Share your feedback!



Looking for resources to help you THRIVE?

THRIVE
 by **BJC**

www.thrivebybjc.org*

Monday		Hold phone camera over QR code & follow link
entrée:	Okra & - pork chop or savannah meatloaf	
grill:	EMBERS Grill	
soup:	broccoli cheese & chicken noodle	
salad:	latin salad bar	
breakfast:	entrée & breakfast sandwiches	
Tuesday		
entrée:	Verde - taco tuesday	
grill:	EMBERS Grill	
soup:	garden vegetable & potato chowder	
salad:	★ firehouse subs-Now serving Tuna & Veggie Subs!	
breakfast:	entrée & breakfast sandwiches	
Wednesday		
entrée:	cheese louise - smoked gouda mac & cheese	
grill:	EMBERS Grill	
soup:	stuffed pepper & miss georgia's chili	
salad:	latin salad bar	
breakfast:	entrée - breakfast sandwiches - french toast	
Thursday		
entrée:	Zen - bourbon chicken & bang bang shrimp	
grill:	EMBERS Grill	
soup:	tomato basil & beef vegetable	
salad:	latin salad bar	
breakfast:	entrée - breakfast sandwiches - burritos	
Friday		
entrée:	Fall Harvest Menu	
grill:	EMBERS Grill	
soup:	Corn and Green Chili Chowder and Minestrone	
salad:	latin salad bar	
breakfast:	buffet-Egg Sandwiches on Brioche.	
Saturday		
entrée:	Closed	
grill:	EMBERS Grill plus Cranberry Turkey & Provelone Sandwich	
deli:	Closed	
soup:	chicken noodle and Chef's choice	
salad:	Greenhouse Salad Bar	
breakfast:	buffet	
Sunday		
entrée:	Closed	
grill:	EMBERS Grill plus The Alabama Slammer	
deli:	Closed	
soup:	broccoli cheese and Chef's choice	
salad:	Greenhouse Salad Bar	
breakfast:	buffet	
<p>For Nutrition Facts go to: http://morrisoncates.compass-usa.com/BJCHealthCare</p>		

*for BJC employees